



Volume - 6
November 2020

FROM THE EDITOR'S DESK

Hello readers. This edition of Gatik Pulse brings to you the diverse thoughts of our young adults. It was indeed a pleasure to see the youngsters react on the national issues, express their ability to choose careers. Students have shared their strong opinions and analysis on passion, social media, sports and careers. 13th Nov. is marked as World Kindness Day. This got me thinking. Should an inherent quality in living beings be marked and reminded to us? Well, these were dispelled when I read some of the articles shared by Gatikians about humanity, volunteer service. It makes me believe that we are on the right track.

The upcoming club elections will put their persuasion, discrimination and leadership skills to test. While not knowing most of the nominees in person is itself a challenge, contesting and convincing the voter is a greater challenge. Wishing all the contestants **GOOD LUCK!!**



Editor
Vijayasree Varanasi



Tarnaka

PRINCIPAL'S MESSAGE

Dr. Ganesh

“The mind is not a vessel to be filled, but a fire to be kindled “, said Plutarch. **GATIK PULSE** is meant to kindle the imagination of our learners and also provide a platform for students to choose various mediums of expression like stories, poetry, travelogues and artwork to present their ideas. The reflection of students' very own creativity is the pulse of this magazine that gives it life. Hence, here we are with the next edition of our college magazine.

The role of education today is not only to aim for academic excellence but also to motivate and empower students to be life-long learners, critical thinkers, to become responsible netizens and citizens who could lead after us, and be productive members of an ever-changing global society.

Education is a shared commitment between dedicated teachers and enthusiastic parents whose utmost concern is their children's future. The recent parent-teacher meeting is aimed at meeting our parents once again in person and discuss each other's perspectives on the way things have been on the run so far. Student's hand written notes have been in and out of the campus, where our faculty is taking additional care to meticulously go through them and fill in for any missing gaps. The recent amendment in the class schedule is to ensure that students find it congenial and attempt to show up for the sessions without any disruption. The term-1 examinations did give us picture as to where our students stand. Our team is constantly endeavoring to prepare children for the upcoming board examinations.

I appreciate every student and teacher who shared their participation in contributing to the magazine. 'Do more than belong – participate. Do more than care – help. Do more than believe – practice. Do more than be fair – be kind. Do more than forgive – forget. Do more than dream – work. 'Our motto is to motivate the late bloomers, to mould the mediocre and to challenge the gifted, and we strive every day to achieve that. May the force be with you!

**Kokapet****PRINCIPAL'S MESSAGE****Mr. Avinash M**

People, especially students often get surprised as to how a few can be very creative in their approach towards various aspects. For them, I would say creativity is not an event, but a process that includes experimenting, growing, taking risks, making mistakes and learning out of it.

The well known story of Sir Isaac Newton had changed the world.

While standing under the shade of an apple tree, an apple fell to the ground. “Why should that apple always descend perpendicularly to the ground,” Newton wondered and pondered and thus, the concept of gravity was born.

The story of the falling apple has become one of the lasting and iconic examples of the creative moment. It is a symbol of the inspired genius that fills your brain during those “eureka moments” when creative conditions are just right.

What most people forget, however, is that Newton worked on his ideas about gravity for nearly twenty years until, in 1687. The falling apple was merely the beginning of a thought process that continued for decades.

Is creativity an inborn skill or can it be acquired?

Creativity is a skill that can be acquired and improved. Your creative skills are mostly determined by whether you approach the creative process with a fixed mindset or a growth mindset. Fixed mindset is the one in which we approach tasks as if our talents and abilities are fixed and unchanging. In a growth mindset, we believe that our abilities can be improved with effort and practice.

Here are a few practical tips to awaken the creative genius inside you: Broaden your knowledge, stay healthy, enjoy nature, embrace positive thinking and be persistent with your ideas.

Like Newton, you have to work through various barriers with diligence and commitment in order to see your creative genius blossom. I hope each and every one of you will try to awaken the creative genius inside you. Creativity is not competition, but an innate grit towards innovation. Remember, today's world requires creative and innovative thinkers who can solve problems and lead the world. Be the change.

CAREERS IN LAW

On 26 September 2020, the college had organized a career orientation program on careers in law for law aspirants by Mr. Dharaniikota Suyodan. The purpose of the program was to inspire and have a clear understanding on legal profession. Our guest advised us to read books, get knowledge and told us that we need to focus on facts and not on opinions". He said we need to have a glance at the constitution. He explained that "logic is basic of law" and shared tips on how to manage time, to prepare and practice many a mock test papers in order to improve scores.



He suggested other career options and informed about different streams in law that one can pursue. Ssuyodhan sir has also suggested a few books which every law students should refer to. Overall, throughout this orientation , we've understood not to give up my dreams , and also got a clear view about law.

Thank you Gatik for the great interactive session.

Navya P & Ashneel
CEC Tagore & MEC Kalam

CAREERS IN BANKING AND FINANCE

At Gatik we were privileged to have an interactive online session on Careers in Finance by Prof.(Dr.) Anand Mishra on 22nd September 2020.

"Things are changing. In fact, things are changing drastically!" said Dr. Anand Mishra, professor, and Vice-Dean, Jindal School of Banking and Finance, in his interactive session with the gatikians. In this fast-paced world, everything has become digital and so the need for learning finance, business, and technology emerged. He reminded us about how things changed from passbook to Paytm over time.



He highlighted the importance of technology in the financial services which help in tracking of financial transactions, estimations, spendings, etc. much easier.

Prof. Anand Mishra explained how the financial service industry is changing constantly. He also helped us understand how Banking and Finance along with technology help us to keep in track the money used to run industries. It helps in the future of companies to fuel the growth, invest in new services, products, places, and projects and for capital investments. It can be done by raising money by profits, stock markets, etc. If the company falls short on money, they can always take the help of the bank or enhance their marketing strategy. They can make use of the global market and appoint brokers to finance the long-term capital needs of companies. Taxation also plays a significant role in the banking and finance industry.

Sir had also covered on the topic of marketing and its importance. Marketing is required for promoting and selling products or services, including market research and advertising.

Every industry needs finance and marketing people. Marketing is a subject/topic that revolves around the concept of understanding people, working in teams, and being more emotionally intelligent.

Organizations need money to function and to expand their company to get into new products or services. If we require money, we have 3 basic sources, we either get sufficient profits so that the stability and growth can sustain overtime, we borrow money(banks, debts, bonds) or raise money through the stock markets.

“How the Financial Industry and services are changing and what kind of skills do we require in the future?”

Prof.Mishra talked about the ultimate battle between Garry Kasparov and the super-computer Deep Blue that ran on Artificial Intelligence(AI) which resulted in the victory of the latter. He explained that chess is a certain kind of game which has its own very fixed rules/moves. If there are fixed rules, then it can be easily programmed as it's as simple as - if this, then, that.

Although AI can be programmed easily, due to the fixed rules and huge memory, it cannot be as powerful as Human Intelligence as it cannot understand the complex human nature.



Real-life cannot be programmed nor can you program businesses. Real life has no fixed rules. Similarly, starting a business has no fixed rules. It is all about understanding mindset, preferences, tastes, etc. Only basic tasks like managing accounts, keeping track of records, etc.can be handled by Artificial Intelligence.

If engineers need to know the basics of finance to be able to communicate with financial professionals, financial professionals also need to know the basics of technology to be able to communicate with engineers. These two combining their understanding of technology and finance will result in something very effective in financial services (ex: PayTM). Sir implied that we need financial and basic technological skills too to work along in the modern world.

By the end of the session, the students had a clear picture of what banking and finance is and how they can reach greater heights in these fields with focused learning in specific areas.

Abhinav Krishna & Sofiya Siddiqua
MEC & MEC Kalam

CONQUER YOUR FEARS

An interactive webinar with Shri Arun Tiwari on the topic 'How to Conquer our Fear' was held on 23rd Sept 2020. He is an Indian Missile Scientist (DRDO), Author and a Professor. He is also the Co - Author of Wings of Fire (written by Prof. Abdul Kalam). It was indeed an enlightening session for us.

Sir began with "All of us are afraid". Everyone has some or the other fear. It can be anything from health, to money or marks, to loss of people. When we talk about conquering our fears, the very first question that arises in our mind is, WHAT IS FEAR? Just a universal emotion? or just something to worry about? Basically, fear arises with threat of harm, let that be physical, emotional, psychological or imaginary.

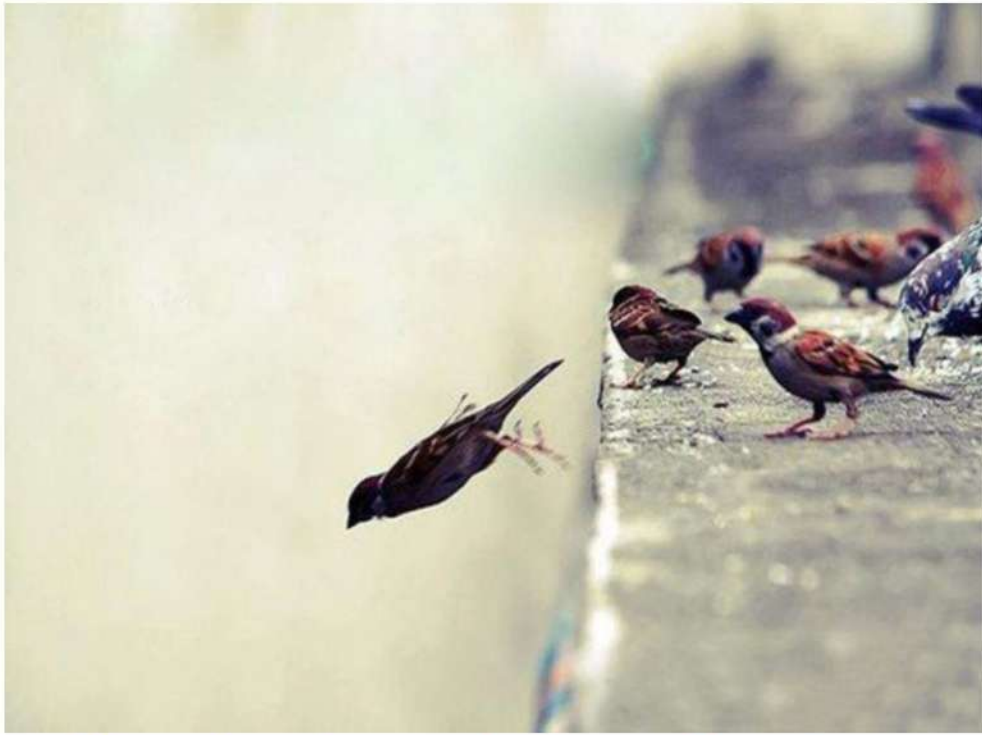


He explained that, fear serves an important role in keeping us safe as it mobilizes us to cope with potential danger. If we are not afraid, we start being careless.

There's a clear cut difference between being precautionary and being afraid due to assumptions. Being afraid stops you from performing at your best. Fear paralyzes action. The most common reaction in this situation is the attitude of **I can't!** It is the fear of failure that stops us from taking action. It often shuts down the brain and causes the individual to revert to the "fight-or-flight" reaction.

Our efforts are the only way to overcome our fears. Prof. Arun Tiwari shared a few techniques which would really help us all to overcome our fears and fuel our success.

- Start seeing the spelling of FEAR as an acronym instead of a word with a meaning.
 F- False
 E- Evidence
 A- Appearing
 R- Real



We rear false thoughts and start taking them as the reality. All imaginations are imaginations only - THEY ARE NOT REAL.

- Ignorance is the MOTHER of fear. Work on shedding light on the unknown and doubts which we have...thus eliminating fear and ignorance. We generally fear what we do not know or haven't worked on before, making you feel like a blank slate. Know what is your reality. Talk to people who you trust and love.
- Visualize yourself as unafraid: By visualizing yourself performing with confidence and competence in an area where you are fearful, your visual image will eventually be accepted by your subconscious mind as instructions for your performance.
- Practice acting "As If". Using the "as if" method, you walk, talk, and carry yourself exactly as you would, if you were completely unafraid in a particular situation. You stand up straight, smile, move confidently, and act as if you already had the courage that you desire.
- Express your fear. If we express our fear, half of our fear is already gone. You start feeling lighter and more confident.

He concluded saying 'Don't worry about the future, worry about the present. Control what you can control now or everything else would go out of control later on'.

During the Q & A session sir recommended people to do physical activity to overcome over thinking.(have a walk, roam, play, etc.) A simpler way would be to drink a glass of water and start counting our breaths.

Laxmi Meghna & Ritesh.P
CEC & MEC Kalam

5 BOOKS YOU MUST READ AT LEAST ONCE

Friends I am sharing the reviews of a few books that I have found them to be interesting.

TO KILL A MOCKINGBIRD, BY HARPER LEE

It is a novel published in 1960. It tells about the delicate strands of prejudice, hatred, hypocrisy, love and innocence to create one of the best novels ever written. This novel said about many residents of Maycomb, Alabama who are racists. In the story Atticus, the lawyer, is asked to defend Tom Robinson, a black man wrongly accused of raping a white woman.

HARRY POTTER AND THE PHILOSOPHER'S STONE, BY J.K. ROWLING

This story tells us about Harry Potter's journey into the world of magic, when he is the celebrated boy who lived. He receives an acceptance letter from the Hogwarts school of witchcraft and wizardry where he learns about magic and his own past.

THE DIARY OF A YOUNG GIRL, BY ANNE FRANK

This story explains about a raw account of a Jewish young girl's life as she hides from the Nazis. Despite her circumstances, Anne believed that people are still good at heart and that the world is full of beauty.

I KNOW WHY THE CAGED BIRD SING, BY MAYA ANGELOU

Published in 1969 the book tells the story of life up to the age of 17. The story tells us that the bird in the cage is a symbol of all African-Americans and their fight for freedom. It symbolises the struggle of being black author whose words are not heard, and of one who longs for freedom.

ROMEO AND JULIET, BY WILLIAM SHAKESPEARE

It is the most famous love story ever written. Romeo and Juliet is an epic tragedy that explores the euphoria of desire and the tragedy of revenge. Romeo falls in love with Juliet who is due to marry her father's choice. With the help of Juliet's nurse the women arrange for the couple to marry the next day. But Romeo's attempt to have a street fight leads to the death of Juliet's own cousin Tybalt for which Romeo was in trouble. In a desperate attempt to be reunited with Romeo, Juliet follows the plot and pretends to take her own life. Juliet's fake death fails to reach Romeo who misunderstands and he takes his life in her tomb. Juliet wakes to find Romeo's corpse beside her and kills herself.

BELIEVE IN YOURSELF

This is a story of two boys of age 6 and 10 years old, who live in a small village. These two boys always play together, eat together, enjoy their life together and do everything together.

On a sunny morning they were playing beside a well. Suddenly the big boy falls into the well. The younger boy tries to pull his friend up but he fails and feels helpless as he cannot pull up his big friend. The little boy screams for help but there was no one to help his friend. On searching around, the little boy finds a bucket and rope. Without wasting any time he drops the bucket into the well and tells his friend to grab that bucket. The little boy starts pulling up the rope which is attached to the bucket. At last, after several attempts, the little boy succeeds to pull his friend out and saves his life.

Both of them were very happy. But when they tell this incident to the villagers and to their families no one believes them. They thought that the little kid doesn't have that much strength to pull up someone. But in the village, there was an old man called Rahim Chacha, who believed their story. Villagers ask Rahim Chacha what makes him to believe the story and how it is possible that the little kid has done this thing. Then Rahim Chacha said that there was not even a single person to tell that kid 'you can't do this thing'. Hence, he believed in himself and accomplished the task.

In life, we should NEVER stop believing in ourselves.

Bhoomika Chouhan
MEC - Kalam



“INDIA NOT THE INDIA OF 1962”, BUT CHINA ISN'T THE CHINA OF 1962 AS WELL.

“India not the India of 1962”, but China isn’t the China of 1962 as well. It is often said in the context of the recent India China border skirmish that “Today’s India is not the India of 1962” but rarely does anyone and Indians in particular realize that China is also not the China of 1962. Yes, India has grown very quickly both economically and strategically but even now we are no match to the mass production power house of the world. We may have the Geography on our side and even some of the world countries are with us but as the rule of diplomacy goes “No country is another countries permanent ally or a permanent enemy” and depending on international assistance for defending, India’s sovereignty is nothing but foolishness and the Indian government has not depended on anyone else so far.

India has seen the development of a lot of indigenous weapon systems and even a Light Combat Aircraft has been rolled out from India. India is among the elite countries in the world to build an indigenous nuclear-powered submarine and India is also the proud owner of the world’s best and fastest supersonic Cruise missile the “Brahmos”. At the same time China has grown to become the manufacturing hub of the world and has the largest standing army in the world, the largest Submarine fleet and has rolled out more than 3 different fighter aircraft, attack helicopters, tanks, and much more. On the military front, clearly there is no victory for either side. China has much more to lose than India does, as it will lose everything it has worked for over 50 years, and more importantly both the countries would be pushed back by decades if not for centuries .

But on the economic front China has a distinct advantage over India as it is the origin of literally almost everything we use and there is almost no person in India if not the whole world who doesn’t have one thing or the other made in China. With respect to India, China controls many segments of the Indian market like smart phones, plastics, telecommunication equipment etc and India is nowhere even close to alienate Chinese goods from the consumer markets and in the event of prolonged hostilities with China, many sectors of the Indian economy would be virtually and literally crippled. Indian dependence on China needs to be reduced to bare minimum ,if India wants to have an edge over China and the only solution available is to create alternative supply chains and partner with other countries by diversifying supply chains and eliminate dependence on a single source.



But at the end of the day, it all depends on the common people to be aware and bring minor changes to their lifestyle to eliminate Chinese products slowly. All but war is not a possibility simply because it is not just any war but it is a conflict between world's largest army with the world's second largest army. It is a conflict between the world's largest economy and the world's fastest growing economy. More importantly, it is a battle between two countries with a dream of becoming global leaders. So, neither country would like to sacrifice that dream for a few square kms of land. But we can't entirely rule it out and must be prepared. Just in case of war, there will definitely be more loss for both sides than gains.

Anirudh B
MEC Kalam

THAT'S HOW MY LOCKDOWN WENT!!!

I know quarantine was hard on everyone and the country went through a lot and I feel utterly sad. So for a change, I felt like sharing my version of 2020.

Here's my story: I spent most of my days with my lovely cousins at my granny's farmhouse. It's a city side farmhouse among the greens away from all the honks and dust. I call it "My Never Land"

We planted trees, grew vegetables, enjoyed eating the tasty fruits the trees blessed us with. Sometimes we woke up early to the sweet chirping of birds around us. Took our dog out for a walk.

We worked out...ate healthy for a while (ha-ha). There sure were many fights among us and yeah, we sorted them all out. Sometimes we talked and cracked jokes under the starry nights. We also baked, experimented (failed many times though) and played around...plus we made new friends too. Well this list goes endless...

Living in a joint family taught me many things I could ever imagine. I learned to share the work, to be polite, to let go certain things and how each person's ideas differ and to get along.

So here's what I finally got to learn - Nature is a blessing... try and stay close to it as much as possible for it ALWAYS GIVES BACK HAPPINESS.

**Varuni
CEC**



MY BEST EXPERIENCE TILL DATE

“Happiness is in giving and in serving others”

I wanted to join an NGO to serve people, but I never thought I could do that as a student. The Robin Hood Army(RHA) has given me a chance to serve the needy. Robin Hood Army is a volunteer based, zero funds organisation that works to get surplus food from restaurants and the community to serve less fortune people. I am happy to share that now I am part of RHA. I would like to share the experience of mine as a Robin.

11th October,2020 : It was a wonderful day. I could meet many kids living in slum areas. The kids were excited to talk to us. Kids played games and we entertained each other. Most of the kids wanted to interact with me as I was the youngest robin there. Few of them asked me to click their pictures.

I was glad to see few trying to speak in English, when I asked them whether they study in schools. Only few said yes and this shows there's still lack of education especially for people living in slum areas. After enjoying for almost 2 hours we had a cake cutting celebration and then served them food.



After the end of food distribution event, we went inside the slum area to distribute medical kits and food arranged by Serve Needy (NGO). We could hardly walk through the area. I noticed sanitation in slums is a particular problem. Something needs to be done to make the living standards of people better.



RHA has given me a chance to serve less fortunate and also helped me to know the society better. I had no much idea about the slums but walking through it gives me an image how exactly people live. We complain even after having lot many things but I saw the people there being happy with what they have. Meeting robins from other areas, meeting the members of other NGO's, was amazing. At the end it was the most wonderful experience for me till date.

Gungun Singh
MEC

THE IPL

The Indian Premier League (IPL) is a professional Twenty 20 cricket league in India contested during March or April and May of every year by eight teams. The league was founded by the Board of Control for Cricket in India (BCCI) in 2008.

In 2010, the IPL became the first sporting event in the world to be broadcast live on YouTube. The IPL is the most-attended cricket league in the world and in 2014 was ranked sixth by average attendance among all sports leagues. According to BCCI, the 2015 IPL season contributed Rs.11.5 billion (US\$160 million) to the GDP of the Indian economy. The brand value of the IPL in 2019 was Rs.475 billion (US\$6.7 billion) according to Duff & Phelps. There have been twelve seasons of the IPL tournament. The current IPL title holders are the Mumbai Indians, who won the 2019 & 2020 season. There are 8 different teams participating in IPL.

Mumbai Indians are considered as the most successful team in the history of IPL.

IPL Winners :

2019 = Mumbai Indians

2020 = Mumbai Indians

Chennai Super Kings have qualified for playoffs in 10 seasons and won 3 IPL trophies.

Sun Risers Hyderabad had replaced Deccan Chargers in 2013.

Royal Challengers Bangalore is one of the most entertaining team in IPL but failed to win championship for 3 times.

Kolkata Knight Riders have won 2 IPL trophies in 2012 & 2014.

Kings XI Punjab have qualified for playoffs only 2 times and were runner ups in 2014.

Delhi Capitals is the youngest team in IPL which qualified for playoffs 2 times but never reached the IPL final.

Rajasthan Royals have won IPL final back in 2008 and since then never reached to finals.



*[Sourced From Internet]
Ch. Revanth
MEC Kalam*

CAREER STEREOTYPES AND HOW TO BEAT THEM

Every Indian student knows what I mean. You can only become four things- A doctor, a lawyer, an engineer or a failure. These are all fine (except for the failure), but we want to become something that we're actually interested in. And we understand that our parents want us to be financially secure, but come on, I also want to be mentally stable and do something that I find worthwhile!

But how do we convince our parents to listen to us?

We have to show them that other jobs can also guarantee financial stability. Take the reins of your own life and control it. And help them understand that doing something you like has a positive effect. Attend workshops. Do research. Do as much as you can to show your devotion to achieve your goal. To do something as complex as convincing mom and dad, you have to seize your own life, and hold it tight.

Niyati Vadaga
MEC Kalam

THE NEW NORMAL

Schools stopped,
Businesses dropped.

Like a bird trapped in a cage,
And no freedom to engage.

A new virus is in the town,
So novel, that the other viruses have to bow down.

Coronavirus is its name,
worldwide, it has played a game.

Lets act a little clever,
And kill the virus together.

Mask as shield,
Sanitizer as sword,
Because THIS is the New Normal.



Tammisetty Dhanya Sri
MPC Bhaskara

HOW ECONOMICS IS USEFUL IN DAY TO DAY LIFE

Economics is useful in our daily lives in both obvious and subtle ways. From an individual's perspective, economics frames many choices we have to make about work, leisure, consumption and how much to save. Our lives are also influenced by macro-economic trends, such as inflation, interest rates and economic growth.

If we see a business man's perspective, economics gives clarity, information and strategy on how the business blueprint should run according to the size of the business and its business environment. It can also give an idea as to how a firm can maximize its profits.

If we look at the perspective with regards to the households, economics gives an idea or an information on how to spend the money from savings to investments, according to the purchasing power capacity, willingness, taste and preferences of products. Economics gives clarity and idea and is thus useful in real life.

P.Sree Varshith
MEC



STRANGE AND WEIRD FACTS

So I'm a curious soul, who wants to know weird stuff out there.....

'MUSCLE' comes from a LATIN word-"LITTLE MOUSE". People in ancient Rome thought some muscles, for example, a flexed bicep had a mouse like shape.



Bizarre flavors of KIT-KAT in Japan - like chilli pepper, wasabi, sweet potato, grilled corn, soybean, salt watermelon and etc, that's just a short list of flavors in Japan.

A big oak tree can drink 100 gallons of water (380L) per day and a giant sequoia usually consumes 500 gallons (1,890L) of water per day



Marge Simpson's hairstyle is super tall without a reason. She uses it to hide her rabbit ears or at least it was supposed to be that way. The creators were going to make a big reveal at the end of the 1st season but the cartoon went so realistic that the creators left it just like an unusual hairstyle

[Sourced from the Internet]
Muzzammil Mohd Zahid
CEC - Tagore

PASSION

I'm sure in everyone's life, one must be afraid or confused about a few questions that were asked to them - questions that often put one into a state of dilemma.

In my life the questions which put me in dilemma are - who do you love more, mom or dad? The next one is more terrifying! What do you want to become when you grow up? Till the other day this was the question that always haunted me the most... what do you want to become when you grow up or what is your ambition in life??

Well... whenever anyone asked me this question...my answer was I don't know or I have no clue... when the latter heard this response their only advise was FOLLOW YOUR PASSION!!!.

Then we get another question in our mind saying HOW DO I FIND MY PASSION? DO I HAVE MANY OR NONE??. Well, I am sure this question annoys most of us... At least it does to me.

I never understood what my passion was...I was very fickle minded. At times I wanted to become a pilot so that I could travel around the world and the next minute I wanted to become a fashion designer as I once created few perfect outfits which were totally different from each other and next comes my favorite of all, a photographer. I feel that since I don't have an aim I should follow my brother because I knew he would always do the right thing. My brother chose engineering which is all about maths and science. And to be honest MATHS WAS JUST NOT MY THING!!.

Then I realized that I am not my brother, he is unique in his own way...he has his own capabilities and I cannot be something that he is good at. I can only be something that I am good at. I am unique in my own way... but unfortunately I landed again into maths stream. But then I have my own abilities... with this new ray of hope I decided that I will follow my passion. Then came the big hurdle and broke my hope into pieces. That hurdle was a question...what in the world was my passion??? How on this earth would I find it?? I shared this with my friend and then he asked me two questions.

easy for me.... I followed few simple steps... let me share them with you.

'How many times have you tried to find your passion?' 'How many times have you tried to explore yourself?' Explore myself?? These questions hit me hard! then with a lot of commitment and confidence I started making a list of my likes and dislikes...the things that I am good at, the things I am bad at, my hobbies... everything about me that could help me decide my future.. then when I combined everything together I realized that I am pretty good at many things, like thinking beyond boundaries , art, photography, logo designing, communicating, socializing and many more.

You know many of us feel that one day we will wake up one morning knowing what we are born to do, what we are good at that one thing that we are passionate about! Sorry to break hopes...that day is never going to come! We have to create that day! We need to chase it!

Finding passion is hard! It requires effort to make things work out! It needs patience too. Finding your passion is not an easy thing. To know what you want to do for the rest of your life, to know something you are going to love it is absolutely worth it to put in that energy and that time into it. WITH THIS IDEA I FOUND MY PASSION!! It was kind of



Continued

1. Slow down

This may sound absurd , but you need to slow down in order to find your passion. There may be clues all around you that are telling you what you should be doing.

2. Be Your Own Life Detective

Take some time to notice the things in your life that bring you the most joy. What activities energize you when you do them? Is it writing? Talking to people? Working on a design project? Being with kids?

3. Give Yourself Permission to Explore

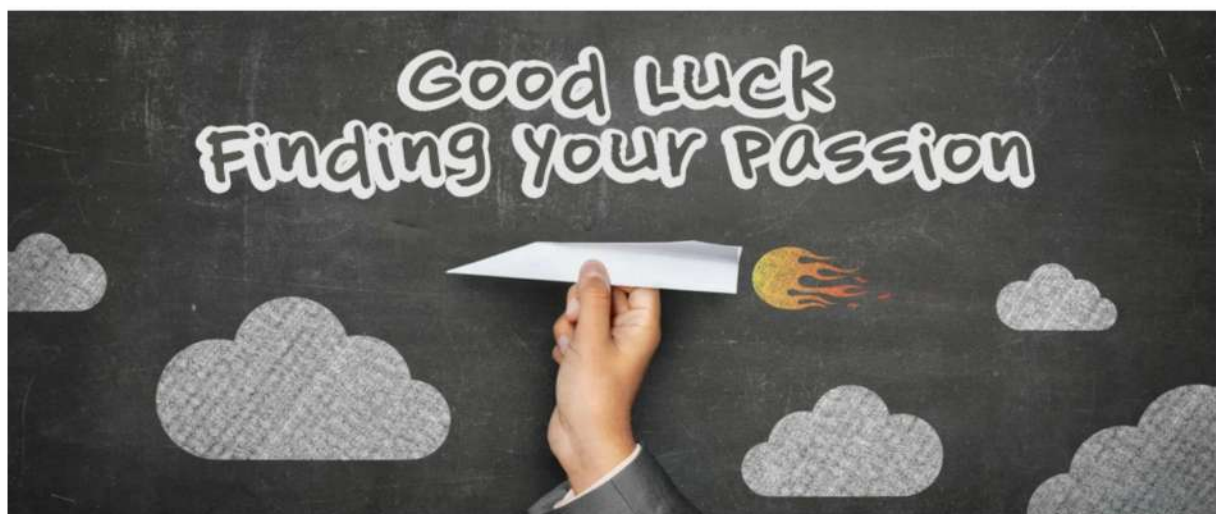
Eventually, as you give yourself permission to go down these roads, you'll start to narrow down your passions more and more, just by doing what feels best for you. Some interests will lead you to your passion while others won't, but know that nothing you do is a mistake because your actions are informing you of where you're meant to go.

4. Stay Open and Flexible

Finally, know that when you follow your interests, they could lead you on a different path than you ever expected. So, it's important to stay open and flexible without any attachment to where you'll end up.

Finally, say YES to life. YES to opportunities. All you have to do is find that little spark within you and light the FIRE! AND THEN YOU WILL SEE YOUR SUCCESS RIGHT IN FRONT OF YOUR EYES READY TO GIVE YOU A WARM BEAR HUG...FOR ALL THE HARDSHIPS YOU HAVE FACED, YOU DO NEED A WARM WELCOME FROM YOUR DEAR SUCCESS....

ONCE YOU DO THE RIGHT THING, ONCE YOU FOLLOW THE RIGHT PATH, YOU WILL SEE YOUR BRIGHT FUTURE GLARING AT YOU!



**Vipin Muthoju,
MEC, Kautilya**

LIFE – A GAME OF CHESS

No matter how different we are, we all have played some games.
And there's one game to which we relate our lives.
That game which always taught us something,
Maybe we still play it, or maybe from our lives.

Like everyone, even I relate my life to a game,
The craze among teens for it might be less.
It's the game of brain,
It's the game of chess.

Starts simple and with limited steps just like our lives.
And relatably gets complicated on every move played.
Tackling situations with your intelligence,
And losing something on every mistake made.

Cannot undo the moves once played,
But can still make the next one better.
Real winners are those,
Who can stay strong under that pressure.

Just as life does,
We never know when the game can spin.
No matter how bad we're losing,
We can still win.



Priyanshu Singh Rana
MPC – Bhaskara

SOCIAL MEDIA – A CREATOR OR A DESTROYER?

Social media has a big influence over the mind of people in general, but a bigger impact on the millennial mind and lifestyle. The point to be considered --- is it positive or negative? The answer is both, but each in different measures. Social media platforms may be good entertainment, and give knowledge about things like current affairs and what's going on in the world around us to a certain extent --- it gives us a sense of belonging to a domain outside our own, but is this enough for us to ignore all the damaging effects it has on the human body and mind?

The cyberspace often used as a distraction, over a period of time, proves to become an addiction to most because a lot of people tend to see it as a happier place to be in and the perfect place to escape to from everything we have to face in our life.

Question is --- does it actually make us happier or safer? It may provide temporary happiness, but we see people on social media portraying the best moments of their lives, and automatically compare ours to that, which makes us dissatisfied and sad. Isn't this sadness exactly what we're trying to escape from, in the first place? We never even realize it, but this is one of the causes of distress.

We also tend to develop as what's known as FOMO, i.e. Fear Of Missing Out. This is where people start to actually get worried or scared that they might be missing out on things in life, whether it's major or minor. As the name itself suggests, fear is never a good thing. In fact, it's unhealthy for the mind.

Other than what we bring upon ourselves by being on the online world, there are other things contributing to what makes it a dangerous platform viz. online bullying, threats or even sexual harassment by complete strangers. Even if it is happening through people we know, none of these are right. As a matter of fact, these are so wrong that they're considered illegal. Not only do these things make us judge ourselves and degrade our own internal and external beauty, they also make us fear the society, reduce our self esteem, feel helpless, cause depression and make us do many things we don't want to, because we feel like we're under pressure.



In some ways, real life human interactions and relationships become weak, as we start spending more time with our devices than people around us. How does social networking affect our bodies? Hypermedia can be addictive and we sit down with our devices for hours just staring at the screen. This makes us so lazy that it may even lead to obesity in some cases and has adverse effects on our eyesight. Social media portrays a body image that we feel like we have to live up to, and we try and strive so much for it that we forget how perfect we are without actually being the “ ideal “ girl or boy. When we fail to be that way, we start hating ourselves, which again affects our mental health in so many ways like low self confidence. And since the state of our mind directly affects our body, we may lose our appetite, or overeat or feel tired and stressed, all of which make us physically unhealthy.

It's high time we start asking ourselves --- is social media worth all this? When we find the answers to all the questions that arise from reading this essay, we'll know just how much impact social media has on us. One thing to keep in mind is --- we need to be in control at all times. If you start feeling like you're not in control anymore and it's the social network that's controlling you, it's time you start rethinking just how important it is in your life. Our well being is what's most vital, and if the intermedia is not able to provide that, as people percept it's supposed to, and it's in fact having more bad affects than good ones, let me answer the question I asked --- IT IS NOT WORTH IT.

**Sai Bharanya
MEC**

'HUMAN'ITY

We should be thankful to the almighty for having blessed us with the life of a human being, the supreme being in the entire universe. We should understand it's significance and make the most of it by doing good deeds and performing noble actions.

Humans have become too materialistic. "Materialistic life is the grave yard of humanity".

The realisation of truth does come but by the time one realises one's mistake, it is too late and one becomes too old to contribute anything to the service of humanity.

" HELP EVER, HURT NEVER".

Now a days, humanity has come to its lowest point, when it comes to morality and ethics.

Pick up the news paper, and it is filled with the news of murders, kidnaps, thefts and all kinds of heinous crimes.

It is high time, that we should save humanity. Do right KARMA for yourselves and for others.

If you do something good for someone, it comes back to you in one or another form.

SERVE HUMANITY, SERVE PARENTS.

If you think a wealthy person or people occupying some specific positions can help others, then you are wrong. All you need to possess is a graceful heart, good intentions and a pure soul to make the world a better place to live. We all are born for some purpose and we should make the best out of ourselves!

"LOVE AND COMPASSION ARE NECESSITIES, NOT LUXURIES.
WITHOUT THEM, HUMANITY CANNOT SURVIVE".
- Dalai Lama XIV.

So, be a respected human with a good purpose.

**Rahul Reddy G
MEC**

DARE TO DREAM

Dare to believe in your dreams... Dare to believe your heart... Nothing can stop you from playing your part as long as you dare to believe.

Dream big and then commit yourself to make that dream come true. To have a dream is important to you. This commitment to dream is not self-conscious, doubt, or too much work. Do not forget your time and things. The world needs you to make your big dreams come true.

One of the best things you can do to improve your daily life is to dream big, bold, and trusting dreams. Remember that God's word says that - "he can do more than you could ever imagine or dream or dreamt of." Dream of what the future holds for you, and of all the new things that can be achieved with its help. Dreaming means learning enough about yourself, and the world around you to make your big dream come true.

To realize the true potential of your dreams and your potential for success in your daily life, it is important to look at and adapt your attitude. The path to fulfilling your dreams is through a change in your attitude from pessimism to optimism.

How many people doubt that they will ever achieve what they have set out to achieve? In the annals of world history, people have dreamt of great dreams. They had bold hearts and inexorable spirits. Even in the midst of trouble and unrest, in difficult times, they dared to dream big.

No matter what difficulties you face in your life today, you are not afraid when you set clear goals. You become more and more aware of where your life is going and the place where your vision lies. This triggers your natural creativity and your ideas come to you, which help you to transform them into reality. When you push your dreams, no matter how small or large, it brings you closer to your goals.

Making yourself dream big actually boosts your self-esteem and makes you like and respect yourself more. You will increase your self-confidence, improve your "self-concept" and get closer to your goals, which you will always achieve in life, no matter how small or big.

Abhigna Rambhatla
CEC Tagore

ARTICLE 370 AND ITS REVOCATION IN JAMMU AND KASHMIR

Article 370 of the Indian constitution gave special status to Jammu and Kashmir . The article 370 was formed on 17th of October in the year 1949.

Conferring it with the power to have a separate constitution, a state flag and autonomy over the internal administration of the state It empowers the state to form its own constitution other than the Indian constitution. This article, along with Article 35A, defined that the Jammu Kashmir residents live under a separate set of laws, including those related to citizenship, ownership of property, and fundamental rights, as compared to residents of other Indian states. As a result of this provision, Indian citizens from other states could not purchase land or property in Jammu & Kashmir.

On 5 August 2019, the Government of India revoked the special status, or limited autonomy, granted under Article 370 of the Indian Constitution to Jammu and Kashmir, and now Kashmir will no longer have a separate constitution but will have to abide by the Indian constitution much like any other state.

All Indian laws will be automatically applicable to Kashmiris, and people from outside the state will be able to buy property there.

Tens of thousands of additional Indian troops were deployed, a major Hindu pilgrimage was cancelled, schools and colleges were shut, tourists were ordered to leave, telephone and internet services were suspended and regional political leaders were placed under house arrest when it was implemented. Probably this was the only way according to the government but it's not a good thing in the long term to make laws for a section of people without taking them into consideration.

This may turn into both good and bad. This is one of the best and brave moves to resolve the land dispute between India and Pakistan. At the same time this is one of the worst moves too as everyone across the country fears the Hindu extremism.



[With inputs from the Internet]

Aishwarya K
CEC Tagore

HAIKYUU - AN ANIME SHOW

Haikyuu is a Japanese animation show. The story is all about Shoyo Hinata the protagonist who's goal is to play Volleyball representing Japan. Hinata is short and often gets mocked by all the people, but to his advantage, he has great body reflexes. The story begins with Hinata playing for inter-junior college against Kitagawa Daiichi which is one of the strongest teams in the league, Kageyama Tobio one of the main players of Kitagawa Daichi is often mocked by his teammates who call him the Selfish king and dictator of the court. Hinata and his team loses to Kitagawa Daichi at the junior level.

After completing the junior high school Hinata and Kageyama join the same college Karasumo High and they start playing together. They display a strong bond of trust between themselves and leave everyone in awe.

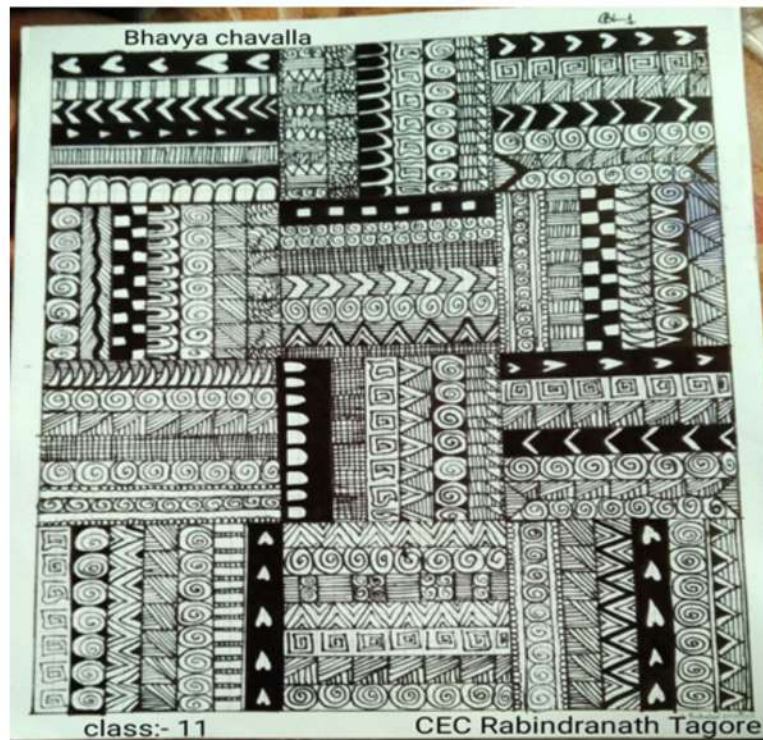
Further, they believe in their team work and with everyone supporting each other in the time of need, the Karasuno team displays a strong bond of trust and wins their league matches.



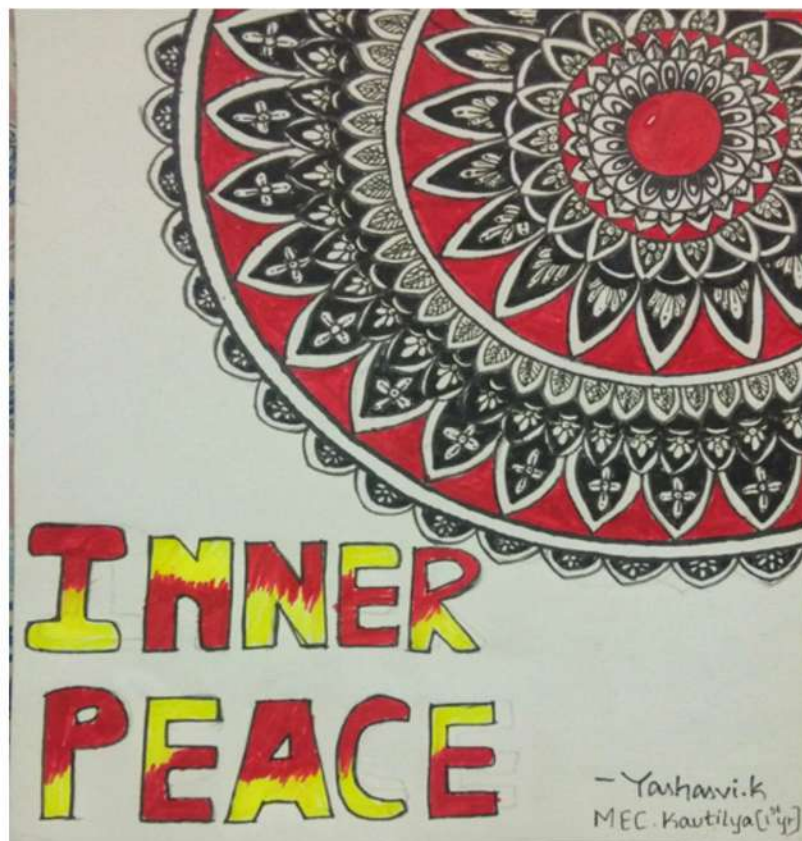
Things that I have learnt from watching Haikyuu

- We should do what we love.
- Not to judge any person
- We shall always have people who support us in the time of need and encourage us
- We should trust and believe in our team mates and friends
- We should overcome our fears
- We can learn even from our defeats.
- There is nothing greater than teamwork .
- Every member of team should support each other.
- There are many ways to tackle problems.

MANDALA ART



Bhavya Chavalla
CEC Tagore



Yashasvi K
MEC Kautilya

MANDALA ART

**Poorvaja N Iyer
MEC**



**Sujithra
MEC**

HAPPINESS

What is happiness? To me, to you , to anyone? While I was writing this article, a thought stumbled across my mind and I guess sometime or the other we all must have thought about it too. Why do we say that “we were happier when we were kids” or “ I was very happy as a kid” ? Although there is a very obvious answer to that question, I wonder why the notion of happiness changes from time to time. There might be things we might be happy about today but sad about tomorrow. The dynamicity of happiness fascinates me but also scares me at the same time .Take an example , let’s say that you scored 30 out of 40 for your test and you are happy about your score but the next day when you tell your marks to your parents and they compare it with your friend’s marks who had scored higher, would you still be happy ? Doesn’t the feeling of guilt and embarrassment take over you? Will the happiness you had yesterday, last today? The answer is no, because your parents opinions dictate the feel about yourself.

I think it is very important for one to recognize and value one’s own reasons for being happy rather than wanting others do it for them. Often, I have heard people say, “ Achieve your goal, and be happy “, or “ once you become successful and great , you will be happier” and I wonder why is it that one can only be happy once they have finally accomplished something ?

I believe that one can be happy in the process of achieving something too and that is not limited to just some occupational or career goal. It can be those little things in life and when we realise that instead of looking for a bigger reason to be happy, you can be happy about something that may not be so great but brings you instant joy without having to toil for it . They might be unnoticeable but in the absence of such things, we come to appreciate their significance . Besides , isn’t being happy, everyone’s natural right ? I believe that you can take a pause sometimes and treat yourself to make yourself happy and no one should make you feel guilty about it. Be happy and stay joyful!



Annmary Saji
CEC Tagore

WHO IS A SUPERHERO??

A few years ago, when I was a little kid, I was once asked to talk about anything in front of the entire class as a part of classroom activity. And I spoke about my father, MY SUPERHERO. I see him as the greatest superhero ever. I'm pretty sure most of us have said that in our lives. Back then, I spoke about my superhero only because of a simple reason that I knew, he got me loads of toys and gifts and I loved him. But now I realize what it actually takes to be a superhero.

So, who is a superhero? What does it take to be a superhero? I think a superhero is someone who genuinely wants to help and take care of those around him/her. They aren't always someone who can lift great weights, fly in the air or do things a "normal person" can't do. Why do we all like Iron man or Captain America? Is it for their super stunts and dapper looks? I mean, yeah sure. But they've always put the protection of their land and people first, haven't they? It's your intentions and attitude that matter.

Think about the people around you too. Be humble and kind. Sometimes you might need to be a little selfless; it's really fine as long as it is doing someone good. You can too bring a change in the other person's life even by doing the least that you can and they, will look up to you as their superhero. And when that happens, see how much joy that will bring to you.

Now, think about this. Whenever you're feeling low or you need help, there must be someone in your life who has never given up on you and been there for you through thick and thin. That person could be your superhero. It could be your family, your friend or your colleague. Doesn't it feel good when you think and realize you have a person like that in your life? Be that kind of person to someone. We are all meant to be a family here and we must be there for each other.

"A true hero isn't measured by the size of his strength, but by the strength of his heart" -Zeus

**Sumaiyya Ruhi
MEC**

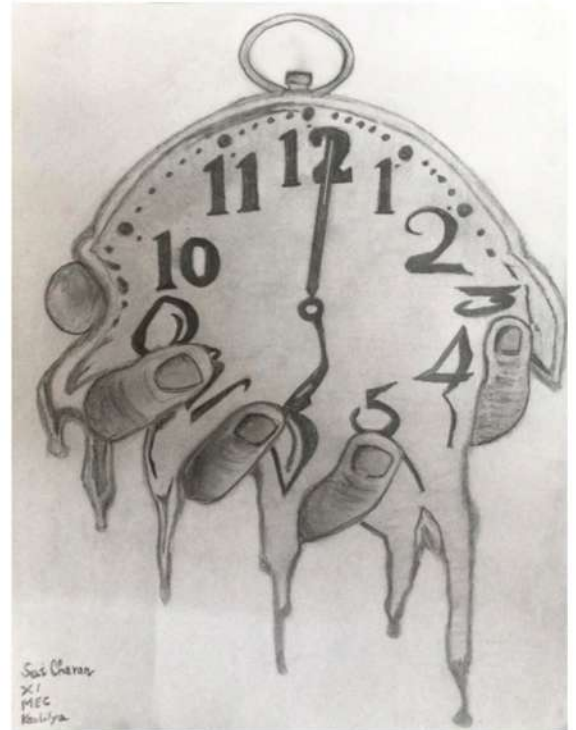
WORK OF ART

Hope



Sankeerthana
CEC Tagore

Value Your Time



Sai Charan
MEC Kautilya

We Will Win



Shloka Reddy
MEC Kautilya

Four Seasons



Anvith A
MPC Aryabhata

Dress Up For Yourself



Siddhi. J
MEC Kautilya

WORK OF ART

Let's Sail



Jayanth G
MPC Aryabhata

Namah Shivayah



Krithika M
CEC Tagore

Good Morning



Vinoothna D
MEC Kautilya

Caricature



Vennela G
MPC

Reflection



Sharanya
MPC Aryabhata

Nature & Beauty



Abhiram Kankipati
CEC

NOTES

PROPOSED LAYOUT OF GATIK NEW CAMPUS



BHANOOR, NANDIGAMA VILLAGE, PATANCHERU

CAMPUS LOCATIONS

KOKAPET

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Hyderabad-500075
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TARNAKA

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Tarnaka, Secunderabad,Telangana 500017
+ 91 40 29561152 / 53